

A Special Lifelong Companionship of Health Management by the Health Promotion Center



◎ Customized Health Examination Packages per Clients' Needs

We have established systematically planned medical examinations with a dedicated team of medical staff for international clients to provide the most convenient health screening service.

◎ The Best Quality of Health Screening Service with Relevant Health Management Programs.

Along with accurate diagnoses and thorough medical consultation by the medical staff, the center has provided lifelong health management programs for clients so that they can keep pursuing health promotion.

◎ Guarantee of Prompt Outpatient Referrals after Health Check-up

After the health screening, the medical staff analyzes results and deliver a thorough medical consultation for each clients. Moreover, we transfer clients to pertinent outpatient treatment right a way in case of any urgent issue discovered from the health examination.

“Health examination refers to a scientific and delicate process to identify the current health status of an individual.”



THE CATHOLIC UNIVERSITY OF KOREA
SEOUL ST. MARY'S HOSPITAL

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JCI Certificated

Health Renaissance For You

Seoul St. Mary's Hospital Health Screening Programs

The Catholic University of Korea, Seoul St. Mary's Hospital

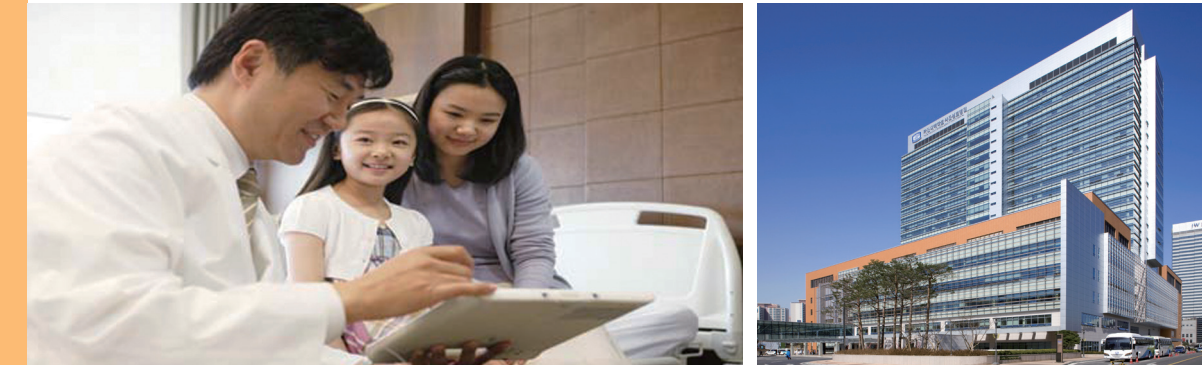


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The World-wide Advanced Medical Care Based on Respect of Life

It is the future and the mission statement of Seoul St. Mary's Hospital.



◎ Aspired to Build an Asian Medical Hub via Enhancing Infrastructure for International Clients

Seoul St. Mary's Hospital, accredited with the global standard like JCI, and etc., has reinforced the International Health Care Center and secured with specially trained medical staff for international clients not only as the core of the Asia medical hub but also as globally potent hospital.

◎ Coexistence of the Nature and Culture

Natural lighting and nature-inspired interior with the concept of nature are aimed to achieve strong desires of 'healing' and 'recovery'. Moreover, dozens of art works displayed at lounges in each floor present the high-class cultural and artistic place like an elegant art gallery for the community.

◎ Dedicated to the World-Class Specialized Care

We deliver the most accurate and prompt care, mainly performed by the Organ Transplantation Center and Eye Center. We also provide extraordinary treatment and care by acknowledged specialists in each department with the most advanced equipments.

◎ Ubiquitous Medical Information System as a Leader of New Medical Culture in Korea

Seoul St. Mary's Hospital utilizes the medical information system, named as CMcNU, integrating the entire Korean Catholic Medical Network in order to comprehensively analyze results from treatments as well as from diagnostic examinations to deliver patient-centered medical service.

I Overall Guidelines for Health Examination Programs

Program		Purpose
International Basic		A basic program aimed to identify current health status of ordinary adult client (approximately takes 2 hours in average)
Interntional Intensive	Woman	Especially designed for women in middle age, mainly focusing on gynecologic disorders regarding ovaries and uterus (approximately takes 3.5 hour in average)
	Digestive	Intensive program for the digestive system via performing endoscopic procedures and abdominal CT scan, and etc. (approximately takes 4 hours in average)
	Heart	Specifically planned to examine the cardiovascular system, analyzing 3DCT and ultrasonography (approximately takes 3.5 hour in average)
	Cancer	Intensively assessing risk factors of cancer at vulnerable organs in general (approximately takes 4 hours in average)
	PET-CT	Thoroughly scanning a wide range of body, utilizing PET-CT, in order to discover any cancerous risk factors. (approximately takes 4 hours in average)
International Kids		Not only checking the basic health information of a pediatric client but also considering vulnerable epidemic, such as varicella and rubella (approximately takes 1 hour in average)
International Express		A comprehensive health check-up from head-to-toe by performing brain MRI+A, CT scans, as well as ultrasonography (approximately takes 5.5 hours in average)
Marian	Special	A comprehensive health screening program assisted by specially trained nurse. (approximately takes 5.5 hours in average)
	Prestige	The most extensive total health package, proceeded for one night and two days. The client is able to use the VIP ward during his or her stay.

I International Basic

Program	Test items	Price
Interntional Basic	- Basic Tests : body measurement, audiometry, stool examination (occult blood), ophthalmologic tests (visual acuity, intraocular pressure, photo-funduscopy) - Blood Tests & Urinalysis : function tests(liver, thyroid, kidneys), infection tests(hepatitis type A/ B/C, syphilis, HIV antigen&antibodies, helicobacter pylori antibody), urinalysis(glucose, specific gravity, pH, color, hematuria), rheumatoid factors, uric acid, electrolytes, diabetes, blood type, hyperlipidemia, tumor markers (liver, colon, pancreas) - Respiratory tests : Chest X-ray, pulmonary function test - Circulatory tests : Blood pressure, electrocardiography - Digestive tests : Abdominal ultrasonography, gastroscopy (sedated) - 1:1 Medical Consultation (by physician specialist) - Additional Service : CD copy of the test results - Specialized tests Based on The Sexual Difference : * male : tumor marker (prostate), male hormone, evaluation of prostate function * female : tumor marker (ovaries), anemia test, mammography, liquid-based gynecological cytology (Thin prep)	M : 1,000,000 F : 1,150,000

I International Kids

Program	Test items	Price
International Kids	- Basic Tests : body measurement, audiometry, stool examination (occult blood), ophthalmologic tests(visual acuity, intraocular pressure, photo-funduscopy) - Blood Tests & Urinalysis : function tests(liver, thyroid, kidneys), infection tests(hepatitis type A/B/C, syphilis, HIV antigen&antibodies, helicobacter pylori antibody), urinalysis(glucose, specific gravity, pH, color, hematuria), rheumatoid factors, uric acid, electrolytes, diabetes, blood type, hyperlipidemia, anemia test, rubella virus IgG, varicella zoast virus IgG - Respiratory tests : chest X-ray - Circulatory tests : blood pressure, electrocardiography - Digestive tests : abdominal ultrasonography - 1:1 Medical Consultation (by physician specialist) - Additional Service : CD copy of the test results	700,000

I Intensive Programs

Program	Test items	Price
Woman	International Basic + - Osteoporosis tests : bone densitometry - Endocrine tests : thyroid ultrasonography - Specialized tests Based on The Sexual Difference : * female : tumor marker (breast), HPV, female hormone (LH, FSH, estrogen, prolactin), ultrasonography (breast, pelvic) ※ anemia test excluded	F : 1,750,000
Digestive	International Basic + - Preliminary medical examination - Osteoporosis tests : bone densitometry - Endocrine tests : insulin - Digestive tests : abdominal CT, colonoscopy, urea breath test (UBT), evaluation on risk factors of gastric cancer - Specialized tests Based on The Sexual Difference : * male : arterial stiffness test * female : female hormones (LH, FSH, estrogen, prolactin), HPV ※ anemia test excluded	M : 1,900,000 F : 2,050,000
Heart	International Basic + - Preliminary medical examination - Osteoporosis tests : bone densitometry - Circulatory tests : carotid artery ultrasonography, echocardiography, evaluation on arteriosclerosis - Specialized tests Based on The Sexual Difference : * male : arterial stiffness test * female : female hormones (LH, FSH, estrogen, prolactin), HPV ※ anemia test excluded Type A 3D coronary angiography CT Type B Treadmill (exercise ECG)	Type A (CT) M : 2,200,000 F : 2,400,000 Type B (Treadmill) M : 1,900,000 F : 2,100,000
Cancer	International Basic + - Preliminary medical examination - Osteoporosis tests : bone densitometry - Precision Blood tests & Urinalysis : tumor markers (thyroid, bladder), peripheral blood smear - Respiratory tests : low dose chest CT - Digestive tests : abdominal CT, colonoscopy - Endocrine tests : thyroid ultrasonography - Specialized tests Based on The Sexual Difference : * male : arterial stiffness test * female : female hormones (LH, FSH, estrogen, prolactin), HPV, ultrasonography (breast, pelvic), tumor marker (breast) ※ anemia test excluded	M : 2,350,000 F : 2,700,000

Program	Test items	Price
PET-CT	International Basic + - Preliminary medical examination - Osteoporosis tests : bone densitometry - Precision Blood tests & Urinalysis : tumor markers (thyroid, bladder, lung) - Endocrine tests : thyroid ultrasonography - Detailed body scanning : PET-CT (torso) - Specialized tests Based on The Sexual Difference : * male : arterial stiffness test * female : female hormones (LH, FSH, estrogen, prolactin), HPV, ultrasonography (breast, pelvic), tumor marker (breast) ※ anemia test excluded	M : 2,700,000 F : 3,050,000
Express	International Basic + - Preliminary medical examination - Osteoporosis tests : bone densitometry - Precision Blood tests & Urinalysis : additional tests for rheumatoid arthritis - Endocrine tests : thyroid ultrasonography, insulin - Respiratory tests : low dose chest CT - Digestive tests : abdominal CT, colonoscopy, urea breath test (UBT) - Circulatory tests : carotid artery ultrasonography, echocardiography - Brain test : brain MRI (mainly for hippocampus) + MRA - Detailed Ophthalmological tests : refraction & accommodation test, anterior segment imaging, slit-lamp biomicroscopy - Specialized tests Based on The Sexual Difference : * male : arterial stiffness test, ultrasonography (prostate) * female : female hormones (LH, FSH, estrogen, prolactin), HPV, ultrasonography (breast, pelvic), tumor marker (breast) ※ anemia test excluded	M : 4,050,000 F : 4,450,000

I Marian Programs (Premium)

Program	Test items	Price
Marian Special	International Express + - Precision Blood tests & Urinalysis : kidney function test (microalbumin, creatinine, total protein) - Circulatory tests : 3D coronary angiography CT, treadmill test (exercise cardiopulmonary test), arterial stiffness test (female+) - Osteoporosis tests : precise osteoporosis blood tests (c-telopeptide, vitamin D1, bone-specific alkaline phosphatase, parathyroid hormone), evaluation of physical fitness (gross motor function measure) - Additional Service : service through nursing protocol (by specialized nurse)	M : 4,900,000 F : 5,300,000
Marian Prestige	Marian Special + - Precision Blood tests & Urinalysis : tumor markers (thyroid, lung), peripheral blood smear - Osteoporosis tests : MRI + X-ray spine (select either cervical-spine or lumber-spine) - Circulatory tests : precise arterial blood tests (fibrinogen, lipoprotein A, homocystein A/B, plasminogen activator Inhibitor (PAI-1)) - Precise Ophthalmologic tests : optical coherence tomography (retina, optic-nerve) - Detailed body scanning : PET-CT (torso)	M : 7,200,000 F : 7,600,000

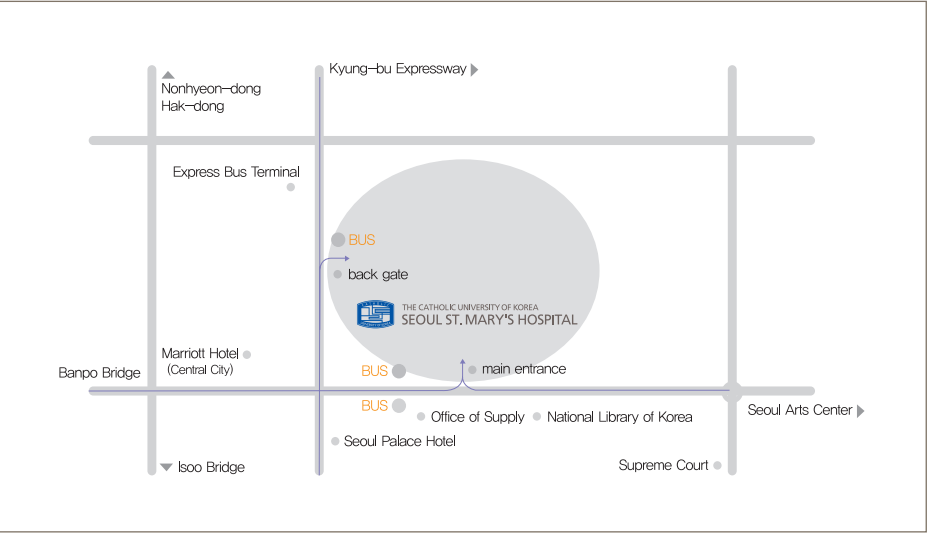
Methods of Delivering Medical Consultation

- Clients can request a CD copy and proceed the medical consultation in 3~4 business days after the examinations.
- When confirming a reservation, various staying options are available, with price difference.

Cautions before Health Examinations

- On the day before the examination, you should fast starting from 9p.m., including water, candies, gum, cigarettes.
- For clients taking anti-platelets and anti-coagulants must discontinue medications 5 days prior to the examination.
- For clients scheduled to take CT scan with contrast medium, -Please discontinue anti-diabetes, including metformin ingredients, 2 days before, as well as, after the examination - other anti-diabetic medication should be discontinue only on the day of examination.
- For female clients with high possibility of pregnancy, please notify to the staff immediately.
- It is recommended to proceed the examination after 4~5 days of completion of the menstruation for female clients.

Directions



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